

ANNUAL REPORT 2019



LearnToLive



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MESSAGE FROM THE DIRECTOR



Agility, risk and perseverance: These three words, I think, best encapsulate LearnToLive in 2019.

The groundwork was laid for our programs to commence in Laos and Kenya, and we were especially excited to begin our capacity training program of remote healthcare workers in Indonesia. This program—a bridge of clinical knowledge to local healthcare workers—was a dream we’d had for a long time. Little did we know that our team would be called to exercise agility, take risks, and persevere through it all.

My background as an emergency room nurse prepared me for what was to come, albeit in an unexpected way. As an ER nurse in one of the country’s largest trauma hospitals, I’m inevitably asked to take risks, remain agile and persevere despite deep challenges in the U.S. healthcare system, of which you may be aware.

In February, the team met in Sulawesi and our remote healthcare worker training began. Just three days into the training, we got word that Indonesia’s Ministry of Health was increasing regulations on foreign nationals. We had to cut the training short. While the healthcare workers we trained were disappointed with the program’s unexpected shorter length, they understood why we had to change course.

Let me just pause here to say: I consider it a privilege when a government welcomes our team with open arms (and minimal bureaucratic hurdles). With this privilege comes responsibility and a humble reminder that we are guests in another country. When we got the news that tighter Indonesian regulations around foreign aid could adversely affect our work, it was time for us to adapt and reconsider our strategy.

Between March and June, the LearnToLive Indonesian team traveled throughout Indonesia to meet with the Ministry of Health. Dr. Levie Golioth was

our spokesperson during this time and tirelessly advocated for us, explaining to the Health Ministry that the same regulations that fit in Java may have a detrimental effect on the more rural communities that LearnToLive serves.

After much deliberation, we decided not to bring the foreign volunteers to participate in the Indonesian clinical program.

It was by far one of the most heart-wrenching calls I’ve had to make, but the team’s safety and respect for the Indonesian government were key considerations in reaching this decision. We quickly regrouped and reformed our programming structure, formed new partnerships with larger government institutions, and were able to pull together an incredible team of our remote healthcare workers from the region to implement some clinic days.

I’d be remiss if I didn’t mention the success of our programs in Laos and Kenya. Our maternal child health & reproductive healthcare training in Laos continues to evolve after five years and we began plans for a new latrine station in a school in Kajiado West, Kenya.

It is with much fondness and pride that I reflect on 2019: a year that pushed me beyond what I thought I was capable of as a leader; a year that demonstrated to me (yet again) just how dedicated to the LearnToLive mission our in-country staff and volunteers are; and a year that made clear that we have so much more work to do.

LearnToLive is poised to do great things in 2020 and we are so fortunate to have you, our supporters, at our backs. We cannot do this work without you.

Thank you for cheering us on.

Yanti Turang
Executive Director



LEARNTO LIVE'S REACH IN 2019

LearnToLive joins with communities worldwide to improve quality of life through healthcare, health education and access to clean water, while building global citizens and future leaders in healthcare.

PLACES	INDONESIA LAOS		
PEOPLE	CAPACITY TRAINING FOR 27 HEALTHCARE WORKERS	576 PEOPLE SERVED IN 2019	9 NEW ORGANIZATIONAL & PROGRAM PARTNERS
PROGRAM PRIORITIES	PRIMARY & EMERGENT HEALTHCARE HEALTH EDUCATION CAPACITY BUILDING WATER ACCESS GLOBAL CITIZENSHIP		

HEALTH EDUCATION & CAPACITY BUILDING

INCREASING KNOWLEDGE AND BUILDING SKILLS TO **POSITIVELY IMPACT PERSONAL AND COMMUNITY HEALTH.**



HEALTH EDUCATION AND CAPACITY BUILDING IN ACTION 2019

XIENGKHOANG PROVINCE, LAOS

As part of a strategic initiative to improve the country’s socioeconomic development, the Lao Government made a commitment to the global Family Planning 2020 initiative. The government also made program and service delivery commitments, including access to reproductive health and information for adolescents. In support of this initiative, LearnToLive works with ADRA Laos, its in-country NGO partner, to provide reproductive health education to youth in schools, as well as to upskill village level healthcare workers to provide family planning education to community members.

187 FEMALE & MALE STUDENTS

ages 12-18 participated in interactive **reproductive health** education sessions.

116 OF THE STUDENTS

participated in previous education sessions with LTL and happily chimed in to **share their knowledge** with their peers.

8 MIDWIVES FROM VILLAGE HEALTH CENTRES

were trained on the LTL reproductive health curriculum and led interactive sessions on family planning for **58 women** in their communities.

NORTH SULAWESI, INDONESIA

LearnToLive held a three-day training for healthcare workers from public health centers corresponding to LTL community clinic sites. The overall goal is to strengthen the local healthcare network by building the capacity and knowledge of the healthcare providers. In addition to the training, LearnToLive also supported the clinicians by providing each one with basic supplies necessary to deliver quality healthcare, namely a stethoscope, blood pressure cuff, pen light and pulse oximeter.

Topics:

- Head-to-toe hands-on patient assessment
- Patient communication and delivering difficult health information
- Proper diagnosis and management of hypertension & diabetes
- 19 healthcare providers from local public health centers

LearnToLive also entered into partnership agreements with the Indonesian physicians’ and nurses’ professional associations, Ikatan Dokter Indonesia (IDI) and Persatuan Perawat Nasional Indonesia (PPNI), so that training participants can receive Continuing Medical Education (CME) points for their licensure requirements.



WATER ACCESS



The LearnToLive water program completed its eighth project build in the village of Sangkilang, North Sulawesi, Indonesia. During the planning meetings leading up to the project, community members indicated that they wanted a space to complete household chores (laundry, dishes, etc) and personal hygiene activities. At the time, the only accessible water source for community members was a single outdoor tap at the entrance of the village. There was no water piped to individual homes, which meant that chores and personal hygiene activities had to be done out in the open at this one water source.

Hearing the needs of the community, the LTL water team, with two local builders, constructed a communal WASH space at the site of the water tap at the entrance to the village. The finished product is a brick structure with two taps on the outside for individual water collection and an area inside with two taps and built-in seating for washing laundry, dishes, etc. There is a dedicated space in the back of the structure where a private bathing area and latrines will be added by the village government. Additionally, a 3,000 liter tank was installed to provide for additional clean water storage. A roof covers the entire structure, providing much needed shade from the brutal sun.



PRIMARY & EMERGENT HEALTHCARE SERVICES

PROVIDING HEALTH SERVICES DIRECTLY TO INDIVIDUALS IN REMOTE AND RESOURCE POOR COMMUNITIES.

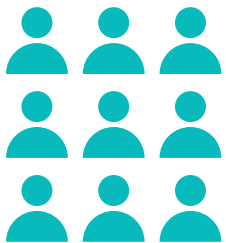
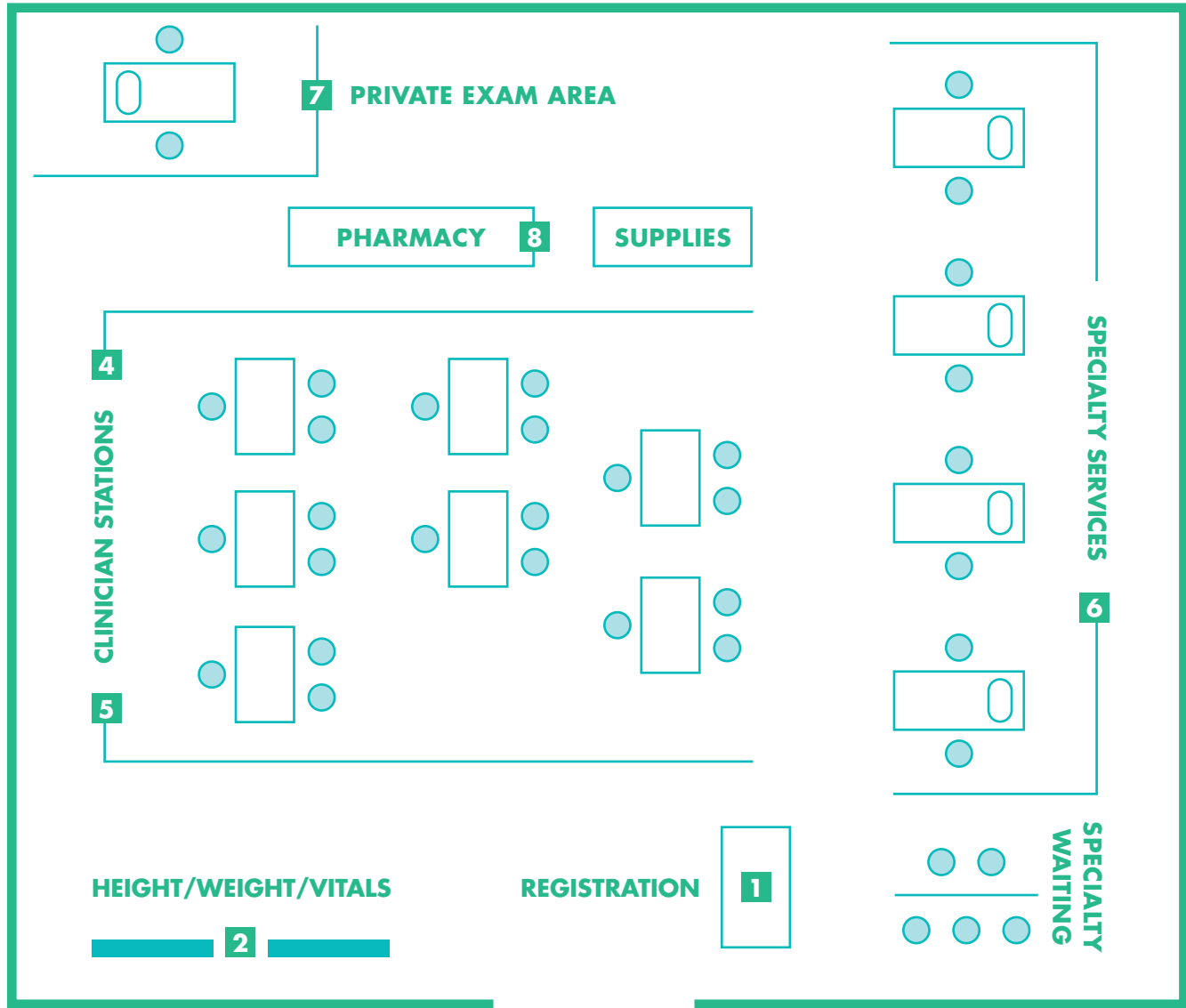
Due to changes in the laws regulating foreign healthcare workers in Indonesia, it was not feasible for LearnToLive to bring volunteer clinicians from the USA and Australia for the 2019 clinic program. Turning agility into action, we tweaked our program model and piloted a two-day clinic in the community of Wineru, staffed entirely by local clinicians. The local clinicians had all participated in the capacity building training earlier in the year and administrative support for the clinic was provided by the LTL interpreting team.

LearnToLive has always incorporated local healthcare workers into its clinic program, with an eye towards eventually transitioning out of communities once the local healthcare providers felt they have the capacity and support to take over the program. The unexpected changes resulting from the government regulations expedited our program plans to great success. The pilot program was successful and 147 patients were seen in the clinic.

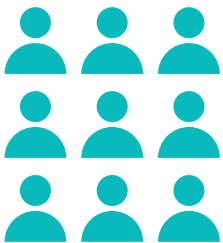


ANATOMY OF A LEARNTOLIVE FIELD CLINIC

Clinic is set up in the largest space available in the community, such as a school or church.



3
WAITING
AREA



1 REGISTRATION

The first stop. Each patient is registered, triaged and given a patient number.

2 HEIGHT, WEIGHT & VITALS

Height, Weight and Vitals are taken and recorded on the patient's clinic sheet.



3 WAITING AREA

Clinic can get crowded with up to 80-100 patients coming through the doors, so waiting is part of the process. The waiting area is a hive of activity where neighbors chat, kids (and dogs and chickens) run around, and the occasional group health education session happens.



4 CLINICIAN STATIONS

When a patient's number is called, they meet with a healthcare worker (and interpreter) for their clinical consultation. Stations are staffed by volunteer healthcare workers and patients are assigned a station based on their health needs (pediatrics, adult primary care, prenatal, etc).



5 DATA

Clinic data is captured in real-time with tablets and a specialized database for remote field programs. LTL uses the data to understand health trends and to develop appropriate programs.



6 SPECIALTY SERVICES

- Dental
- Physio
- Mental Health/Counseling
- Referrals/Case Management



7 PRIVATE EXAM AREA/ ADDITIONAL CONSULT

For patients who need more thorough examination or additional medical consultation.



8 PHARMACY

Medications to treat acute and chronic conditions, such as antibiotics, anti-hypertensives, vitamins, etc. All medications are bought in-country and are approved for use by local health authorities.

GLOBAL CITIZENSHIP & HEALTH LEADERS

FACES AND WORDS OF LEARNTOLIVE GLOBAL CITIZENS AND HEALTH LEADERS



It's a **very positive program**, both the capacity building and healthcare clinic. There were so many things that I was able to learn or refresh my memory in theory and practice. I gained even more **practical skills** during the LTL healthcare clinic that I pass along to my coworkers."

Ingrid Stelina Wullur Midwife, Ratahan Timur Health Center

As an interpreter for LearnToLive, **I am thankful** to be the link between many people here, and to **connect people** in a way I never did before."

Jane Wowor Interpreter, LTLIndonesia



My **willingness to give** a hand to those who need stems from my experience a child victim of war. I know exactly how it feels to be helped and **I want to give back**. I was drawn to LTL's mission and knew I could contribute somehow."

Febrianto Tjuana Interpreter, LTLIndonesia

The program is outstanding. We, the North Sulawesi communities, feel so lucky to be able to have these amazing international volunteers to help us here. The core of the program revolves around **giving the best treatment, plan and education** for the patients, and the communities in general. Even though I have practiced for many years, I still feel that there's a lot more to learn and I'm proud to be a part of the team."

Dr. Levie Goliath Program Director, LTLIndonesia



LearnToLive provided me many **opportunities**, but perhaps the most valuable and surprising, was its impact on me, helping me become a **better interpreter, better teacher**, and most of all a **better human**."

Frenky Batunan Interpreter, LTLIndonesia

LearnToLive is defined by its dedication to fostering a sense of **greater community**. The work I've been involved with through LTL in South Africa and North Sulawesi has **enriched my life** and has informed how I deliver patient care."

Casey Miller Nutritionist, Volunteer



There are those who observe injustice and then those who recognise it, and **work to lessen the gap** between those who are privileged and those with less access to opportunity. LTL provides a conduit for people to make **positive changes** through healthcare and education"

Nat Adams RN, Volunteer

SUPPORT SULAWESI

After a tsunami and series of high magnitude earthquakes struck Central Sulawesi, Indonesia, on September 28, 2018, LearnToLive established the Support Sulawesi fund and implemented a three-phase response plan. The first two phases were completed in the months following the disaster, and revolved around immediate relief efforts and supporting short-term infrastructure needs.

To implement the third phase, LearnToLive formed a partnership agreement with PELKESI, an Indonesian health organization with extensive experience in

domestic post-disaster response, to bring healthcare to communities in the effected regions. PELSKI arrived in Central Sulawesi about a week after the earthquake and has since been providing healthcare in the region with a mobile clinic and health promotion programs. LearnToLive's funding has helped PELSKI to provide communities with healthcare services over a wider area, and to support the local healthcare workers with better clinical equipment.

In 2019, PELSKI had a total of 6,830 patient visits.



2019 FINANCIALS

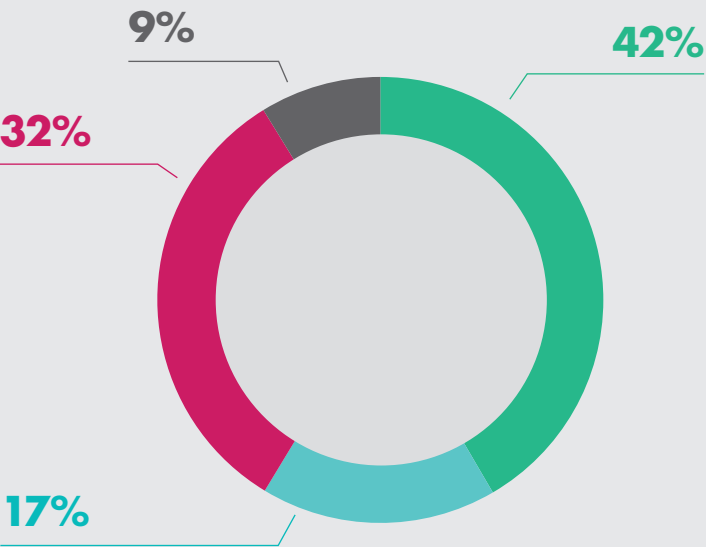
INCOME

- FOUNDATIONS & GRANTS
\$92,168
- PROGRAM FEES
\$3,948
- FUNDRAISING & INDV. DONATIONS
\$145,098



EXPENSES

- DIRECT PROGRAM COSTS
\$94,152
- ORGANIZATIONAL OPERATIONS
\$38,699
- STAFF STIPENDS
\$73,688
- FUNDRAISING
\$19,894



LEARN TO LIVE COMMUNITY

DONORS & FUNDERS

Australian Aid
James & Donna Barksdale
Arthur & Renate Brenneke
Jamie & Amie Cotton Carter
Tom & Tia Cripps
Cripps Foundation
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Rotary Club of Kyneton
Amy Tennent
The Project Solution

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Argyle Construction
The Athenaeum Theatre
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Banks Fine Wine Kyneton
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Boyfriend
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Ikatan Dokter Indonesia Wilayah Sulawesi Utara (IDI WSU)
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Latyai Health Center
Longhang Health Center
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Puskesmas Mubune
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Puskesmas Pembantu Makalelon
Puskesmas Pembantu Nain
Puskesmas Pembantu Nazareth
Puskesmas Pembantu Sapa
Puskesmas Pembantu Serei
Puskesmas Pembantu Talise
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Alex Willson
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