



ANNUAL REPORT 2018



LearnToLive

MESSAGE FROM THE DIRECTOR



In many respects, 2018 has been our most significant year to date. The organisation has come into its own and our unique strengths are more clearly defined than ever.

In September, LearnToLive’s capacity and our worth in the field was tested and proven in response to an unimaginable disaster in a region we consider our second home, Sulawesi Indonesia.

LTL’s first program was in Sulawesi in 2012. The connection we have subsequently formed with communities in this region afforded us the unique privilege to be involved in the initial and ongoing response to the 2018 tsunami & earthquake in Central Sulawesi.

As a resident of New Orleans, it’s not difficult to draw parallels between this disaster and Hurricane Katrina. There is an immediate sense of overwhelming helplessness. Where do we start? If only we could will the flood waters to recede, build houses in minutes and remove the horror of such a catastrophic situation. The reality of a disaster like this and the ongoing recovery is, of course, a lifelong endeavour. It takes many years and many dedicated people who are willing to stay, learn and rebuild a more sustainable and stronger home.

When the tsunami and earthquake hit Sulawesi it was so close to home for all of us at LTL, we felt an urgent duty to respond. I wanted us to be the organization to swoop in and fix it. To be there on the ground. These were our people suffering through this devastation. In resisting the compulsion to rush in, however, LTL’s maturity as an organisation was thrown into sharp focus. We realized that to be most effective in the relief effort, it was crucial for us to know what our place was, what our scope is and where our capacity begins and ends. The urge to save the day often says more about our own needs and less about what is actually best for the situation at hand, and this

catastrophic event forced us to deeply assess how we could be truly helpful.

While our Indonesian crew and the global team were desperate to get on a plane and help, it was clear to us that our expertise would be most impactful when the headlines fade into yesterday’s news. When emergency services had moved out, the area was safe and we could connect with the people of Palu in the most effective way possible. This attitude defines LearnToLive; committed for the long game, willing to stay and eager to learn.

Over the past few months, LTL has been to Palu to meet with the community and distribute hygiene supply kits and electricity inverters. We have committed to a partnership for ongoing mobile health clinics in the region for the next two years.

Our programs through Indonesia, Kenya & Laos continue to grow and evolve because we stay true to who we are. In understanding our capacity, we know when it’s our time to step up and where our place is.

We continue to be committed to the people and communities around the world that may not make the headlines, but deserve access to basic primary needs like water, health care and health education, necessities many of us take for granted.

It can take years in our own lives to critically assess who we are and understand how we fit in. Yet when forced to identify our strengths and weaknesses, we often come into our own. I believe this is where LTL now stands. We are growing up and we are better equipped than ever to have a lasting positive impact on the communities we have the privilege to partner with.

Thank you for all your support & love.

Yanti Turang
Executive Director

LEARNTOLIVE’S REACH IN 2018

LearnToLive joins with communities worldwide to improve quality of life through healthcare, health education, and access to clean water while building global citizens and future leaders in healthcare.

PLACES	INDONESIA KENYA LAOS		
PEOPLE	1,545 PEOPLE SERVED IN 2018	38 PROGRAM VOLUNTEERS WORKED FOR LTL 2018	7,788 VOLUNTEER HOURS IN 2018
PROGRAM PRIORITIES	PRIMARY & EMERGENT HEALTHCARE HEALTH EDUCATION CAPACITY BUILDING WATER ACCESS GLOBAL CITIZENSHIP		

HEALTH EDUCATION & CAPACITY BUILDING

INCREASING KNOWLEDGE AND BUILDING SKILLS TO **POSITIVELY IMPACT** PERSONAL AND COMMUNITY HEALTH.



HEALTH EDUCATION AND CAPACITY BUILDING IN ACTION 2018:

XIENGKHOUANG PROVINCE, LAOS

232 FEMALE & MALE STUDENTS

ages 12-18 years, participated in interactive reproductive health education sessions.

2 RURAL COMMUNITIES

In the evenings, targeted reproductive health sessions were held in two rural communities served by ADRA Laos, LTL's in-country program partner.

IN A PRE-PROGRAM SURVEY, OVER **95%**

of students reported that they had never before received reproductive health education and rated their knowledge level as "little to none".

106 WOMEN AND CHILDREN

predominantly Hmong and Khmu, attended the community health sessions.

NORTH SULAWESI, INDONESIA

803 PATIENTS

received individualized health education as part of their visit to the LTL field clinic.

176 PATIENTS

participated in the Chronic Care pilot program and received intensive health education on understanding and managing their diabetes and/or hypertension.

11 LOCAL HEALTH CENTER CLINICIANS

7 STUDENT HEALTHCARE PROVIDERS

received individual mentoring and hands-on community health training in the LTL field clinics.

KAJIADO COUNTY WEST, KENYA

LTL facilitated a "manyatta health" roundtable discussion and education sessions with the Maji Mamaz of Enkoireroi Cooperative on ways Masai women can address health issues related to poor sanitation in the home.

PRIMARY & EMERGENT HEALTHCARE SERVICES

PROVIDING HEALTH SERVICES DIRECTLY
TO INDIVIDUALS IN REMOTE AND RESOURCE
POOR COMMUNITIES.



LearnToLive has been operating its Indonesian program since 2013. Each year, LTL brings 30-40 volunteers, mostly healthcare professionals, from Australia and the US, to work alongside local clinicians and provide services in field clinics. The clinics are set-up in a public space (church, school) and offer free primary and emergent healthcare services to community members. LTL's Indonesian based team provides ongoing care for critical patients throughout the year through its Community Care Worker (CCW) program.

INDONESIA NORTH SULAWESI

804 patients from eleven communities received healthcare at LTL clinics.

2,508 distinct medical encounters.

114 patients were admitted into the LTL Community Care Worker (CCW) program, which provides additional support and continued care for acute cases.

293 Ties with the local health system were strengthened this year with 293 referrals to local health facilities.

SERVICES DELIVERED

ACUTE & PRIMARY CARE

CHRONIC DISEASE TREATMENT
& MANAGEMENT

PRENATAL CARE

MATERNAL CHILD HEALTH

PEDIATRICS

MENTAL HEALTH & COUNSELING

DENTAL & ORAL HEALTH

PHYSIOTHERAPY

CASE MANAGEMENT

REFERRALS

HEALTH INSURANCE ASSISTANCE



FACING THE BIG PROBLEMS:

A data review from LTL's 2013-17 field clinics in North Sulawesi determined that diabetes and hypertension were the primary health burdens across all communities served. In 2018, clinic services were expanded to include a hypertension and diabetes focused intervention, "The Chronic Pod", which consisted of specialized testing & diagnosis, intensive health education, medication management and follow-up care services. Pod patients were also surveyed about personal health knowledge and beliefs, and barriers to care. The surveys yielded valuable information which will help LearnToLive develop programs and interventions to address the patients' needs.

In 2018, 76% of adult patients (>age 13 years) seen in the LTL field clinics were hypertensive.

176

patients participated in the Chronic Pod

60%

rated their own health as poor/bad

50%

were diabetic or pre-diabetic

91%

believed that they could change their health

100%

were hypertensive



WATER

ENGAGING VOLUNTEERS AND COMMUNITY MEMBERS TO CREATE **EFFICIENT, SAFE AND SUSTAINABLE** WATER SOLUTIONS FOR COMMUNITIES WHERE ACCESS IS AT RISK.



LTL completed its seventh rainwater catchment and filtration system build, on the grounds of the primary school on the island community of Talise, North Sulawesi, Indonesia.



The system will provide clean drinking water for the children of Talise Primary and the 197 families in the community surrounding the school.

KENYA

In 2018, LTL joined with two local organizations, the Maji Mamaz of Enkoireroi, a Masai women’s cooperative, and MANDO, an NGO for the development of Masai people, to build two 20,000 litre interlocking brick water storage tanks in Kajiado West County, Kenya. Taking the lead from the Maji Mamaz, LTL team members helped make bricks from ground soil, and construct the tanks by hand.

LTL based its program in Najile, a remote and dusty town located about a 3 hour drive outside of Nairobi. Najile, and West Kajiado County in general, is vast, rugged and resource poor. The region is home to the Masai, a people that is often overlooked or marginalized by governments and established institutions. LTL chose to work in this location based on connections with the local partnerships, as well as the abundant need surrounding water access and sanitation, major factors contributing to personal and community health.

GLOBAL CITIZENRY

On September 28, 2018, Central Sulawesi, Indonesia was hit by a tsunami, following a series of high magnitude earthquakes and aftershocks. The devastation was widespread, wiping out local infrastructure and causing mass casualty. LTL never intended to get into the disaster response business but this particular tragedy struck our hearts. Our founding program started in North Sulawesi in 2012, and we continue to work there to this day. Thankfully our Indonesian team members were safe, but many had friends and family who were directly impacted.

Given the organization’s history and close relationship with Sulawesi, it would have been irresponsible for LTL not to help in some way. Additionally, LTL was uniquely poised to assist using its cadre of local clinicians and public health workers.

The Support Sulawesi fundraising campaign was established in the days after the disaster. The campaign raised \$67,919 in 30 days and LTL outlined a three-phase response plan, that corresponded to local disaster response initiatives and the rebuilding progress in the affected region.



TIMELINE OF PHASE 1 SUPPORT SULAWESI

28 SEPTEMBER 2018

A 7.5 magnitude earthquake strikes Indonesia’s Central Sulawesi province, triggering a tsunami, ground liquefaction, and landslides.

30 SEPTEMBER 2018

LearnToLive launches its Support Sulawesi fundraising campaign.



2 OCTOBER 2018

LTL team develops a three-phased intervention plan and liaises with the Indonesian government while awaiting clearance to enter the disaster zone in Central Sulawesi.

10 OCTOBER 2018

Supplies for disaster response phase are bought and organized.

14 OCTOBER 2018

LTL response team heads out of Manado, North Sulawesi in two 4WD’s packed to the gills with relief supplies. Due to safety and accessibility issues along the road, the LTL caravans with the Indonesian Red Cross. The team arrives in Palu after 20 arduous hours of driving.

16-24 OCTOBER 2018

LTL provides relief supplies in Palu. Over 200,000 people are now homeless and struggling to find basic shelter. Illness, fueled by poor sanitation and lack of basic resources, is beginning to spread among the displaced.

The LTL Team, led by Drs. Levie Golioth and Selvie Korompis, focuses on distributing supplies. Care kits are provided to 200 households. Each bucket contains basic necessities: soap, towels, toothbrushes, toothpaste, water bottles, detergent, wound care kits, and feminine hygiene supplies. Drinking water and dry foods are also distributed.



The LTL Team also works to assess community needs and available health resources, in order to determine the most appropriate next steps. They meet with local government officials and visit medical facilities and outlying communities where aid has not yet reached. Overwhelmed and exhausted, but not beaten, the team begins its journey back to Manado.

10-15 NOVEMBER 2018

With funding provided by Australian government, the LTL team returns to the disaster area to distribute and install five 2000 wat rechargeable electricity inverters. The inverters aim to provide electricity to vital community sites such as shelters, public service offices, and health clinics, until power is restored to the region.

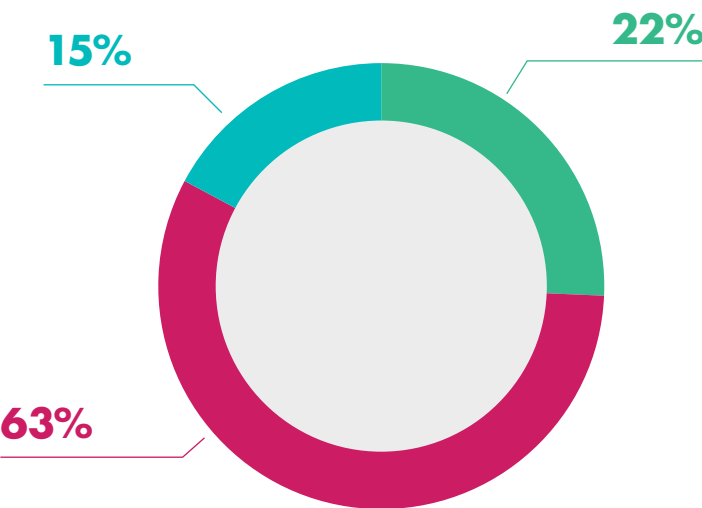
19-22 DECEMBER 2018

The LTL team returns once again to the disaster zone, this time with Executive Director Yanti Turang. Response efforts to-date are assessed, and planning begins for phases two and three. A partnership with PELKESI, an Indonesian health organization with extensive experience in domestic post-disaster response, is established to provide health services to the affected communities.

FINANCIALS

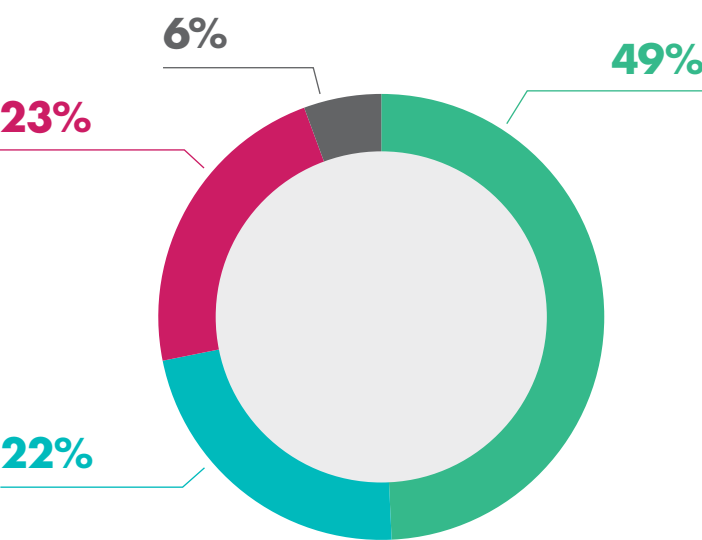
INCOME

- FOUNDATIONS & GRANTS
\$58,866
- FUNDRAISING & INDV. DONATIONS
\$170,552
- PROGRAM FEES
\$39,336



EXPENSES

- DIRECT PROGRAM COSTS
\$115,811
- ORGANIZATIONAL OPERATIONS
\$51,674
- STAFF STIPENDS
\$53,462
- FUNDRAISING
\$13,341



LEARN TOLIVE COMMUNITY

DONORS & FUNDERS

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Cripps Foundation
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Amy Tennent
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Kajiado County Health Ministry
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LEARNTO LIVE COMMUNITY

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Louisiana State University School of Nursing
Matonyok Nomads Development Organization (MANDO)
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Elizabeth Ntukai
Michael Ole Sayo
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Weldon Tonui

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Iben McCormick Ricket
Director of Data & Technology



Linden Uter
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Heath McIvor
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Elizabeth Chen
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